

Community Resource List

Niagara County Resources-

Food:

Organization	Address	Phone	Website	Email	Notes
Brother's Keeper Outreach		14094 439-9638			Both food and clothing
Christian Food Pantry		14172 751-6057			
Community Missions, Inc., Community Kitchen	1406 Falls Street				Pre-Register
Community Missions, Inc., Food Pantry and Clothes Closet	1570 Buffalo Ave, 14303	285-3403			Last two Thursdays of every month, 1:30 - 3:00pm. Both food and clothing
Divine Mercy	2437 Niagara Street, 14303	692-0758			
Faith United Methodist Church		14012 795-9945			
First Baptist Church in Newfane		14108 778-9216	http://www.firstbaptistnewfane.com/missions.html		Food and personal items
First Presbyterian Church	311 First Street, 14303	285-3555	http://www.niagarachurch.org/first_presbyterian_ch		Both food and clothing; Each Tuesday from 9am - noon; both food and clothing.
Heart, Love & Soul Food Pantry	939 Ontario Ave, Niagara Falls, NY 14305	282-5681	www.heartloveandsoul.org		Call for appointment, Monday-Friday 10AM-12:30PM
Independent Church of God in Christ	2723 20th Street 14303	284-1501			Last two Mondays of month between 1-3pm
Meals on Wheels Lockport		433-6811			
Meals on Wheels Niagara Falls		282-3468			
Meals on Wheels North Tonawanda		693-1663	www.ntmow.com		
Mt. Zion Baptist Church Food Bank	1334 Calumet Ave, 14305	282-3655			3rd Saturday of every month from noon-2pm
Niagara Community Center	1364 Center Ave.				2nd & 4th Thursdays of every month, 11:30AM-2PM
NIACAP: Lockport Neighborhood Center and Food Pantry		14094 433-6632			
Niagara County Food Distribution Center	2201 Pine Avenue	285-6134	http://niagaracap.blogspot.c	KOGrady@niagaracap.org	
Niagara County Office for Aging: Home-Delivered Meals		438-4031			
Niagara County Office for Aging: Nutrition Education and Counseling		438-4020			
Niagara County Office for Aging: Nutrition Site Information		438-4020			
Newfane Community Food Pantry	3455 Ewings Rd., Newfane 14108	778-9822			
North Tonawanda Inter Church Food Pantry	100 Ridge Rd., North Tonawanda 14120	692-8552			
Pendleton Food Pantry	5443 Tonawanda Creek North, Pendleton 14120	692-3382			
Raymond Community Church	6597 Rapids Rd, Lockport 14094	434-3175	http://www.raymondcommunitychurch.org/index.html		
Salvation Army Lockport	50 Cottage St, Lockport 14094	434-1276		Josej.santiago@use.salvationarmy.org	
Salvation Army Niagara Falls	7018 Buffalo Ave. 14304	283-7697		Delia.Carroll@use.salva	Call and ask for Wendy, by appointment only
St. John De La Salle Community Care	8477 Buffalo Ave. 14304	283-2238	http://www.stjohndesalale.org/47		Wednesday from 9am-3pm
St. John's Food Pantry	168 Chestnut St., Lockport 14094	433-5252	http://stjohnslockport.com/OutreachCenter.html		Also distributes clothing + appliances, furniture, and infant care products; Monday
St. Joseph Outreach	1402 Pine Ave. 14301	282-1379	http://www.holyfamilyrcchurch.org/st-joseph-outre		Serves 14301 Monday, Wednesday and Friday from 9:30-11:30AM
St. Paul's Church of the Nazarene	3520 Saunders Settlement Rd, Sanborn 14132	990-2018			
St. Vincent DePaul Lockport	5 Saxton St., Lockport 14094	434-6316			
St. Vincent DePaul Sacred Heart	1917 11th St.	282-1749			
Word of Life Ministries	1941 Hyde Park Blvd. 14305	297-2951	http://www.wordoflifeniagara.org/		Monday & Friday, 10AM - 2PM; Call ahead Tuesday and Thursday 9AM-12PM, Call ahead
YWCA of the Tonawandas	49 Tremont St., North Tonawanda 14120	692-5580			

Clothing and Household Items:

Organization	Address	Phone	Website	Email	Notes
Brother's Keeper Outreach		14094 439-9638			Both food and clothing
Community Missions, Inc., Food Pantry and Clothes Closet	1570 Buffalo Ave, 14303	285-3403			Last two Thursdays of every month, 1:30 - 3:00pm. Both food and clothing
First Baptist Church in Newfane		14108 778-9216	http://www.firstbaptistnewfane.com/mi		Food and personal items
First Presbyterian Church	311 First Street, 14303	285-3555	http://www.niagarachurch.org/first_pre		Both food and clothing; Each Tuesday from 9am - noon; both food and clothing.
Lockport Cares	192 Genesee St Lockport, NY 14094; Mailing Ac	438-2273	www.lockportcares.org		furniture and household items
Niagara Heritage of Hope and Service		299-0799			furniture and appliances
St. John's Food Pantry	168 Chestnut St., Lockport 14094	433-5252	http://stjohnslockport.com/OutreachCe		Also distributes clothing + appliances, furniture, and infant care products; Monday, Wednesday, Friday from noon-3pm

Legal:

Organization	Address	Phone	Website	Email	Notes
Center for Resolution and Justice		297-3083			
Community Missions Niagara Falls Juvenile Arrest Diversion Program		285-3403	www.communitymissions.org		
Community Missions Niagara Falls Juvenile Intensive Case Management		285-3403	www.communitymissions.org		
Lawyer Referral & Information Services		1-800-342-3661			
MHANC: Legal Advocacy	36 Pine Street, Lockport, NY 14094	433-3780 ext.31	http://www.mhanc.com/programs-legal-advocacy.php		
Mental Hygiene Legal Services		845-3650 / 1-800-922-6457			
Neighborhood Legal Service		284-8831	www.nls.org		
NYS Attorney General Buffalo Office		853-8400	www.oag.state.ny.us		
NYS Attorney General Consumer Helpline and Crime Victim Hotline		1-800-771-7755	www.oag.state.ny.us		
NYS Attorney General Medicaid Fraud Reporting		(212) 417-5397	www.oag.state.ny.us		
NYS Unified Court System - Legal Assistance		1-800-268-7869	www.nycourthelp.gov		1-800-COURTNY
Niagara County Family Court Lockport		439-7172			
Niagara County Family Court Niagara Falls		278-1880			
Niagara County Juvenile Aid Bureau Lockport					
Niagara County Juvenile Aid Bureau Niagara Falls					
Niagara County Juvenile Aid Bureau North Tonawanda					
SUNY at Buffalo Legal Assistance Clinic (Special Education and Domestic Violence)		645-2167			

Dept Social Services:

DoH: Children & Adults with Special Needs - Lockport	439-7460	
Doh: Children & Adults with Special Needs - Niagara Falls	278-8180	
DoH Director	439-4735	
DoH Early Intervention/Child Find	439-7444	
DoH Environmental Health	439-7430	
DoH Environmental Health - After Hours	278-1691	
DoH Healthy Neighborhoods Program	278-8292	
DoH Immunization Program	278-1903	
DoH Nursing Division & Home Care	278-1900	
DoH Nursing Division - After Hours	439-7430	
DoH Nursing Division - Lockport	439-7470	
DoH Public Health Educator	439-7438	
DSS	278-8400	
DSS Adult Protective Services	278-8621	
DSS Child Protective Services	1-800-342-3720	
DSS HEAP (Home Energy Assistance Program)	278-8400	
DSS Home Care Department	278-8605	
DSS Investigative/Program Integrity	439-7788	
DSS Managed Care Department	278-8400	
DSS Medicaid Department	278-8400	
DSS Medical Transportation	1-866-753-4430	
DSS Non-Public Assistance Daycare Program	439-7656	
DSS Nursing Home Unit - Lockport only	439-7728	
DSS Program Eligibility Department	439-7743 / 278-8400	
DSS SNAP	278-8400	
DSS Support Collection Unit (Child Support)	439-7676 / 278-8466	
DSS TOP Department	278-8201	
DSS Work Relief-PWP/Employment Department	278-8592	
Social Security Administration Hotline and Informatic	1-800-772-1213	
Social Security Administration - Niagara Falls Office	283-1066	

Emergency Housing:

Organization	Address	Phone	Website	Email	Notes	Takes sex offenders?
Lockport Cares	192 Genesee St Lockport, NY 14094; Mailing A	438-2273	www.lockportcares.org			No

Housing:

Organization	Address	Phone	Website
Belmont Shelter Corporation: Housing Resources for WNY Northtowns Office		213-2784	www.belmonthousingwny.org
Belmont Shelter Corporation: Cambria Commons Apartments		884-7791	www.belmonthousingwny.org
Belmont Shelter Corporation: Niagara Village Apartments		731-2965	www.belmonthousingwny.org
Belmont Shelter Corporation: Shawnee Landing		694-3105	www.belmonthousingwny.org
Community Missions Aurora House		433-1905	www.communitymissions.org
Community Missions CHOICES (housing program)		285-3425	www.communitymissions.org
Community Missions Crisis Shelter		285-3403	www.communitymissions.org
Community Missions Onesimus House		284-2077	www.communitymissions.org
Community Missions Respite Bed Services		285-3403	www.communitymissions.org
Community Missions Supported Housing		285-5201	www.communitymissions.org
Habitat for Humanity Lockport		433-5073	www.habitat.org
Habitat for Humanity Niagara Falls		285-2877	www.habitat.org
Lockport Housing Authority		434-0001	
Lockport CARES		438-2273	www.lockportcares.org
Niagara Falls Housing Authority		285-6961	www.nfha.org
Niagara Falls Neighborhood Housing Service		285-7778	www.niagarafallsnhs.org
Section 8 Housing Lockport		434-3627	
Section 8 Housing Niagara Falls		286-8820	
Section 8 Housing North Tonawanda (Belmont Shelter)		213-2784	
YWCA of Niagara: Carolyn's House		278-9662	www.ywcaniagara.org

Day Programs:

Organization	Address	Phone	Website
Dale: PROS Center for Wellness	33 Ontario St, Lockport, NY 14094	433-1937	www.daleassociation.com

Mental Health Counseling:

Niagara County Department of Mental Health (NCDMH): Adult Mental Health	439-7400	www.niagaracountry.com
NCDMH: Adult Mental Health Clinic - Niagara Falls (Trott Access Center)	278-1940	www.niagaracountry.com
NCDMH: Trauma Specialty Services - Lockport	439-7400	www.niagaracountry.com
NCDMH: Trauma Specialty Services - Niagara Falls	278-1940	www.niagaracountry.com
Niagara Falls Memorial Medical Center: Community Mental Health Clinic	278-4541	www.nfmmc.org

Organization	Address	Phone	Website
Anger Management Classes (through Family & Children's)		285-9684	
Buffalo Psychiatric Center		885-2261	
Buffalo Psychiatric Center Recovery Plus		694-1225	
Catholic Charities: Lockport Office		433-0246	www.ccwny.org
Catholic Charities: Niagara Falls Office		282-2351	www.ccwny.org
Catholic Charities: North Tonawanda Office		692-1440	www.ccwny.org
Catholic Charities: Multi-Systemic Therapy Lockport		478-0035	www.ccwny.org
Catholic Charities: Multi-Systemic Therapy Niagara Falls		282-4991	www.ccwny.org
Catholic Charities Monsignor Carr Institute Children's Clinic: Lockport		478-0315	www.ccwny.org
Catholic Charities Monsignor Carr Institute Children's Clinic: Niagara Falls		205-0825	www.ccwny.org
Catholic Charities Monsignor Carr Institute Children's Clinic: North Tonawanda		694-7749	www.ccwny.org
Catholic Charities Monsignor Carr Institute Children's Clinic: Referrals		1-877-448-4466	www.ccwny.org
Niagara Wellness Connection Center W	Niagara Falls Memorial Medical Cen	278-4541	

SUD Counseling:

Organization	Address	Phone	Website
Alcoholics Anonymous Buffalo		853-0388	
Beacon Center Lockport		439-6815	www.beaconcncntr.com
Beacon Center Niagara Falls		282-4480	www.beaconcncntr.com
Brylin Hospital		886-8200	www.brylin.com
Eastern Niagara Hospital - Lockport: Reflections Recovery Center		514-5561	www.enhs.org
Fellowship House Inc.		282-8510	
Fellowship House Inc.: Sundram Manor		284-6228	
Fellowship House Inc.: Madonna House		438-9131	
Fellowship House Inc.: Somerset House		795-3719	
Fellowship House Inc.: Supportive Living		282-0074	
GamAnon		718-352-1671	www.gam-anon.org
Gambler's Anonymous		940-3346	www.gamblersanonymous.org
Horizon Health Services: City Market (Niagara Falls)		505-1060	www.horizon-health.org
Horizon Health Services: Horizon Village		731-2030	www.horizon-health.org
Horizon Health Services: Lockport		836-1767	www.horizon-health.org
Horizon Health Services: Niagara Falls		283-2000	www.horizon-health.org
Horizon Health Services: North Tonawanda Boulevard Counseling Center		833-3708	www.horizon-health.org
Horizon Health Services: Tonawanda Clinic		831-1850	www.horizon-health.org
Jewish Family Service		883-1914	www.jfsbuffalo.org
Mt. St. Mary's Hospital: Clearview Treatment Services		298-2115	www.msmh.org
Mt. St. Mary's Hospital: General Information		297-4800	www.msmh.org
Mt. St. Mary's Hospital: VanGo		298-2370	www.msmh.org
Narcotics Anonymous Buffalo		878-2316	www.na.org
Northpointe Council, Inc.: Lockport		433-3846	www.northpointecouncil.org
Northpointe Council, Inc.: Niagara Falls		278-8110	www.northpointecouncil.org
Northpointe Council, Inc.: First Step Alcohol Center		285-3421	www.northpointecouncil.org
The New York Council on Problem Gambling		1-800-846-7369	www.nyproblemgambling.org
NYS Addiction HOPELINE		1-877-846-7369	

Financial:

Organization	Address	Phone	Website	Email	Notes
Care and Share					Utility Bill Assistance
Consumer Credit Counseling of Buffalo, Inc.		712-2060 / 1-800-	www.cccsbuff.org		
EmPower NY		1-800-263-0960	https://www.nyserda.org		Free energy efficiency upgrades to reduce utility bills
Home Energy Assistance Program (HEAP)		1-800-342-3009	http://otda.ny.gov/prc		Assistance with paying heating bills
HEAP Lockport		439-7744			Assistance with paying heating bills
HEAP Niagara Falls		278-8645			Assistance with paying heating bills
HEAP Office for Aging (60+)		438-4020			Assistance with paying heating bills
Neighbor-for-Neighbor Heat Fund (Salvation Army)		716-883-9800, ex	http://www.nationalaf		Assistance with paying heating bills for people who do not qualify for HEAP (see eligibility on website)

Cellphone:

Organization	Address	Phone	Website	Email	Notes
Assurance Wireless		1-888-898-4888			Federal lifeline assistance program providing free phones and Virgin Mobile service
Safelink		1-800-977-3768	www.safelinkwireless.com		Federal lifeline assistance program providing free phones and TracFone service
Verizon Hopeline		973-656-7089	http://www.verizon.com/about/responsibility		Free cell phones for domestic violence survivors
Verizon Lifeline		1-800-924-0585	https://www.verizon.com/support/consumer		Federal lifeline assistance program providing reduced rates on Verizon phone bills

Crisis Hotlines:

Organization	Address	Phone	Website	Email	Notes
AIDS Hotline		1-800-541-2437	www.nyaidsline.org		HIV/AIDS information
A Kind Voice Peer Line		1-800-876-2399			
Child Abuse Hotline (for Mandated Reporters)		1-800-635-1522	www.ocfs.state.ny.us/main/cps/		
Child Abuse Hotline (for Non-mandated Reporters)		1-800-342-3720	www.ocfs.state.ny.us/main/cps/		
Community Missions Crisis Shelter		285-3403	www.communitymissions.org		
Community Services for the Developmentally Disabled: Community		883-8002	www.csdd.net		
Crisis Services Hotline, NCDMH		285-3515			
Domestic Violence Hotline: Lockport (YWCA)		433-6716	www.ywcaniagara.org		
Domestic Violence Hotline: North Tonawanda (YWCA)		692-5643	www.ywca.org		
Domestic Violence Hotline: Niagara Falls (PASSAGE)		285-6984			
Domestic Violence Hotline (National)		1-800-799-7233	www.thehotline.org		TTY accessible: 1-800-787-3224
Family & Children's Service of Niagara		285-7125	www.niagarafamily.org		
Grad Student Hotline		1-800-472-3457	http://gradresources.org/crisisline/		Crisis counselors specifically trained in graduate student stressors; 1-800-GRAD-HLP
HIV Counseling Hotline		1-800-872-2777			
Hopeline		1-800-442-4673	http://hopeline.com/hotline/		Suicide Hotline from the Kristin Brooks Hope Center
IMAlive			http://hopeline.com/online/		Online, instant-messaging-based suicide hotline from the Kristin Brooks Hope Center
National Suicide Hotline		1-800-784-2433			1-800-SUICIDE
National Suicide Prevention Lifeline		1-800-273-8255	www.suicidepreventionlifeline.org		1-800-273-TALK
New York State Domestic Violence Hotline		1-800-942-6906	www.nyscadv.org		
Option Line		1-800-395-4357			24 Hour National Pregnancy Center Emergency Hotline
Poison Control Center of WNY		1-800-222-1222	www.upstate.edu/poison/		
Postpartum Depression Hotline		1-800-773-6667			1-800-PPD-MOMS
Rape Crisis Hotline		433-6716			
Spanish-Speakers Suicide Hotline		1-800-784-2432			
Suicide Prevention Hotline for Niagara County		285-3515			
The Trevor Project		1-866-488-7386	www.thetrevorproject.org		Crisis intervention and suicide prevention for LGBTQ+ youth
Veterans Peer Support Line		1-877-838-2838			1-800-VET2VET

Additional:

Organization	Address	Phone	Website	Email
Alzheimer's Association of WNY		626-0600	www.alz.org/wny	
Alzheimer's Association of WNY 24-Hour Helpline		1-800-272-3900	www.alz.org/wny	
Americans with Disabilities Act Information		1-800-514-0301	www.ada.gov	
Buffalo Veteran's Center		862-7350		
Carrier Coach, Inc.		731-1699		
Catholic Charities: Lockport Office		433-0246	www.ccwny.org	
Catholic Charities: Niagara Falls Office		282-2351	www.ccwny.org	
Catholic Charities: North Tonawanda Office		692-1440	www.ccwny.org	
Catholic Charities: WIC Program Office		285-0975 / 439-47	www.ccwny.org	
Community Missions		285-3403	www.communitymissions.org	
CM: Aurora House		433-1905		
CM: CHOICES		285-3425		
CM: Drop-In Center		433-6543		
CM: Family Services Program		285-3403		
CM: Kid's Café		285-3403		
CM: Niagara Falls Juvenile Arrest Diversion Program		285-3403		
CM: Niagara Falls Juvenile Intensive Case Management		285-3403		
CM: Niagara Visions PROS		205-8708		
CM: Onesimus House		284-2077		
CM: Psychiatric Vocational Rehab - Competitive Employment Program		282-4232		
CM: Respite Bed Services		285-3403		
CM: Supported Housing		285-3425		
CM: Transportation		282-5403		
CM: Youth Services		285-4668		
Community Services for the Developmentally Disabled: Community Outreach and Crisis Hotline (COACH)		883-8002	www.csdd.net	
Cornell Cooperative Extension: Lockport		433-8839	www.cceniaragacounty.org	
Cornell Cooperative Extension: Niagara Falls (in Community Missions office)		285-3403 ext.2255	www.cceniaragacounty.org	
Dale Association: Administrative Offices	20 Lock St, Lockport, NY 14094	433-4440	www.daleassociation.com	
Dale: Care Management		433-4422	www.daleassociation.com	
Dale: C.A.R.E.: Telephone Reassurance	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com	
Dale: Center for Lifelong Learning		433-1886	www.daleassociation.com	
Dale: Center for Travel	33 Ontario St, Lockport, NY 14094	433-1222	www.daleassociation.com	
Dale: Dial-a-Lift Transportation to Senior Center	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com	
Dale: Geriatric Community Mental Health Nurse	33 Ontario St, Lockport, NY 14094	433-1937	www.daleassociation.com	
Dale: Health Insurance Navigator	33 Ontario St, Lockport, NY 14094	278-4264	www.daleassociation.com	
Dale: Health, Wellness, Enrichment Classes	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com	
Dale: INCHARGE Home Care		433-4442	www.daleassociation.com	
Dale: Lockport Housing Authority Resident Advisor		433-3344	www.daleassociation.com	
Dale: Lockport Senior Center	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com	

Dale: Memory Minders for Early Memory Loss	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com
Dale: Mental Health Peer Specialist	33 Ontario St, Lockport, NY 14094	433-1937 ex. 205	www.daleassociation.com
Dale: NYS Long-term Care Ombudsman Coordinator	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com
Dale: Outpatient Counseling and Treatment Center	624 River Road, North Tonawanda, NY	693-9961	www.daleassociation.com
Dale: PROS Center for Wellness	33 Ontario St, Lockport, NY 14094	433-1937	www.daleassociation.com
Dale: Senior Advisor	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com
Dale: Transportation Shuttle for Medical Appointments		433-1939	www.daleassociation.com
Dale: Vision and Hearing Assistance Program	33 Ontario St, Lockport, NY 14094	433-1886	www.daleassociation.com
Dale: Volunteer Services	33 Ontario St, Lockport, NY 14094	433-1089	www.daleassociation.com
Deaf Adult Services of WNY, Inc.		833-1637 / TTY: 71	www.wnydas.org
Developmental Disabilities Alliance of WNY		877-7007	www.ddawny.org
Elderly Pharmaceutical Insurance Coverage (EPIC)		1-800-332-3742	www.health.state.ny.us/health_care/epic
Family & Children's Service of Niagara: Lockport		433-6019	www.niagarafamily.org
Family & Children's Service of Niagara: Niagara Falls (PASSAGE)		285-6984	
Family & Children's Service of Niagara: Family Outreach Intervention Services		285-6984	
GuildCare Adult Day Care Program		285-3499	
Health Association of Niagara County, Inc. (HANCI) - Lockport		433-2664	www.hanci.com
HANCI - Niagara Falls		285-8224	
HANCI - North Tonawanda		692-4855	
HANCI - Council for Older Adults		285-8224	
HANCI - Foster Grandparent Program		285-8224	
HANCI - Golden Age Program		285-8148	
HANCI - Retired and Senior Volunteer Program		285-8224	
HANCI - Senior Companion Program		285-8224	
Heart, Love & Soul		282-5681	www.heartloveandsoul.org
Hispanic Access Foundation		202-640-4342	www.hispanicaccess.org
Hope House - The Peer Recovery Respite Center	344 Walnut St, Lockport, NY 14094	433-6543	
Independent Living of Niagara County		284-4131 / 1-855-3	www.ilnc.org
International Institute of Buffalo		833-1900	www.iibuff.org
John Duke Senior Center	Niagara Falls	297-9324	
Learning Disabilities Association of WNY		874-7200	www.ldaofwny.org
Lewiston Senior Center		754-2071	
Lifeline		1-800-380-3111	www.lifelinesys.com
Lockport Cares	192 Genesee St Lockport, NY 14094; M	438-2273	www.lockportcares.org
Lockport Senior Center		433-1886	
Medic Alert		1-888-633-4298	www.medicalert.org
Medicare Information		1-800-633-4227	www.medicare.gov
Mental Health Association in Niagara County, Inc. (MHANC)		433-3780	www.mhanc.com
MHANC: Community Education and Trainings			www.mhanc.com
MHANC: Consumer Planning Advisory Committee			www.mhanc.com
MHANC: Compeer Niagara for Adults and Kids			www.mhanc.com
MHANC: County-Wide Helpline		433-5432	www.mhanc.com
MHANC: In-Home Respite			www.mhanc.com
MHANC: Hospital Diversion			www.mhanc.com

MHANC: Hospital Peer Advocate (NFMCC)		278-4748	www.mhanc.com
MHANC: Peers in Niagara County (PINC)			www.mhanc.com
MHANC: Alzheimer's Caregivers Support Group	Mental Health Association, 36 Pine St,	433-3780	www.mhanc.com
MHANC: Anxiety/Depression Support Group	Mental Health Association, 36 Pine St,	433-3780	www.mhanc.com
MHANC: Art for Relaxation Support Group	Urban Park Towers, 77 Main St., Lockport	433-3780	www.mhanc.com
MHANC: Group Grief Share - Lockport	Mental Health Association, 36 Pine St, Lockport		
MHANC: Group Grief Share - Niagara Falls	Niagara Falls Memorial Medical Center,	433-3780	www.mhanc.com
MHANC: Getting Your Game Back On	Mental Health Association, 36 Pine St,	433-3780	www.mhanc.com
Mt. St. Mary's Hospital: Van Go		298-2370	www.msmh.org
National Alliance for Hispanic Health: Hispanic Family Health Helpline		1-866-783-2645	www.hispanichealth.org
Native American Independent Living Services (NAIS)		836-0822	www.wnyil.org/oahio
New Directions Youth & Family Services: Henrietta G. Lewis Campus School		433-9592	
New Directions: Wyndham Lawn Home for Children		433-4487	
Newfane Golden Age Club		778-9470	
		Fort Erie, Niagara Falls, Pelham, Port Colborne, Port Robinson, St. Catharines, Welland: 1-905-682-2140 ; Dunnville, Stevensville, Ridgeway, Smithville, Beamsville, Grimsby: 1-866-311-9042	
Niagara Area Alcoholics Anonymous	Varies - see link		http://www.aaniagara.org/meetings.html
Niagara Cerebral Palsy Association: Administrative Office		297-0798	www.ucpaofniagara.com
Niagara Cerebral Palsy Association: Audiology/Hearing Aid Dispensing Clinic - Lockport		439-7461	
Niagara Cerebral Palsy Association: Audiology/Hearing Aid Dispensing Clinic - Niagara Falls		278-8190	
Niagara Cerebral Palsy Association: Clinics - Dental, Podiatry, Speech, OT, PT, Social Work		297-1478	
Niagara Cerebral Palsy Association: Clinic and Diagnostic Treatment Center		297-1478	
Niagara Cerebral Palsy Association: Job Placement		284-6441	
Niagara Cerebral Palsy Association: Niagara Children's ETC		297-1478	
Niagara Cerebral Palsy Association: Recreational Programs		284-6441	
Niagara Cerebral Palsy Association: Residential Services		297-0798	
Niagara Cerebral Palsy Association: Service Coordination		205-0021	
Niagara Cerebral Palsy Association: Vocational Programs		285-5761	
Niagara Community Action Program (NIACAP): Community Child Care Clearinghouse of Niagara		285-8572	www.niagaracap.org
Niagara County Department of Health: Children and Adults with Special Needs - Lockport		439-7460	
Niagara County Department of Health: Children and Adults with Special Needs - Niagara Falls		278-8180	

Niagara County Department of Health: Nursing Division & Home Care		278-1900	
Niagara County Department of Health: Nursing Division, After Hours		439-7430	
Niagara County Department of Health: Nursing Division - Lockport		439-7470	
NCDSS Medical Transportation		1-866-753-4430	
Niagara County Office for Aging		438-4020	
Niagara County Office for Aging: Aging Services		438-4023	
Niagara County Office for Aging: Caregiver Program		438-4033	
Niagara County Office for Aging: EISEP		438-4013	
Niagara County Office for Aging: Home-Delivered Meals		438-4031	
Niagara County Office for Aging: Home Energy Assistance Program (HEAP)		438-4020	
Niagara County Office for Aging: Legal Services		438-4020	
Niagara County Office for Aging: Medical Van		438-4038	
Niagara County Office for Aging: Nutrition Education and Counseling		438-4020	
Niagara County Office for Aging: Nutrition Site Information		438-4020	
Niagara County Office for Aging: Senior Van Service		438-4038	
Niagara County Office for Aging: Weatherization Referral and Packaging (WRAP)		438-4020	
Niagara County Veteran's Service Agency		438-4090	
Niagara Falls Memorial Medical Center		278-4000	www.nfmmc.org
Niagara Falls Memorial Medical Center: CareExpress		278-4444	www.nfmmc.org
Niagara Hospice	4675 Sunset Drive, Lockport, NY 14094	439-4417 / TDD: 1-	www.niagarahospice.org
Niagara Frontier Transportation Authority: Metro Bus		855-7286 / 285-93	metro.nfta.com
NFTA Para-transit Service		855-7202	metro.nfta.com
NFTA General Information		855-7300	metro.nfta.com
NFTA Customer Service		855-7268	metro.nfta.com
NIACAP: Lockport Neighborhood Center and Food Pantry		433-6632	www.niagaracap.org
NIACAP: Niagara Falls Neighborhood Center		282-4375	www.niagaracap.org
NIACAP: North Tonawanda Neighborhood Center		694-9727	www.niagaracap.org
NIACAP: Nutrition Outreach and Education		439-1322	www.niagaracap.org
NIACAP: Weatherization Assistance Program		285-9681	www.niagaracap.org
Niagara County Sheriff's Office Victim Assistance Unit		438-3306	www.niagarasheriff.com
Northpointe Council, Inc.: Lockport		433-3846	www.northpointecouncil.org
Northpointe Council, Inc.: Niagara Falls		278-8110	www.northpointecouncil.org
Northpointe Council, Inc.: North Tonawanda			
Northpointe Council, Inc.: First Step Crisis Center			
NY Connects		438-3030	www.niagaracounty.com/nyconnects.asp
Opportunities Unlimited of Niagara: Central Intake		504-2617	www.opportunitiesunlimited.org
Opportunities Unlimited of Niagara: Niagara Falls		297-6400	www.opportunitiesunlimited.org
Opportunities Unlimited of Niagara: Lockport		434-4050	www.opportunitiesunlimited.org
Opportunities Unlimited of Niagara: Wheatfield		504-2617	www.opportunitiesunlimited.org
People, Inc.		634-8132 / 1-888-	www.people-inc.org
Recovery Plus		694-1225	
Rivershore Inc.		754-7272	www.rivershore.org
Rural Metro Medical Services		284-4228 / 882-84	www.ruralmetrowny.com
Rural Niagara Transportation		285-9357	

Salvation Army: Lockport	434-1276	
Salvation Army: Niagara Falls	283-7697	
Salvation Army: North Tonawanda	692-7323	
Self-Reliance Foundation		www.selfreliancefoundation.org
Self-Reliance Foundation: Acceso Hispano		www.accesohispano.org ayuda@accesohispano.c
Senior Center of North Tonawanda	695-8582	
Sertoma "Service to Mankind"	297-7994	
SERV Niagara	438-5437	www.servniagara.org
Town of Niagara Community Center	297-5243	
Tri Community Ambulance Service	731-2604	
Tri-Town Ambulance Service, Inc.	772-7711	
Twin City Ambulance	692-2342	
Union Cab	433-2222	
United Way of Greater Niagara	285-8461	www.uwgn.org
United Way of Greater Niagara Community Service Center	434-1190	www.uwgn.org
United Way of the Tonawandas	693-0895	www.uwayt.com
US Department of Veterans Affairs	1-800-827-1000	www.va.gov
VA Education (GI Bill)	1-888-442-4551	
VA Special Issues Helpline	1-800-749-8387	
VA Health Care Benefits	1-877-222-8387	
VA Income Verification and Means Testing	1-800-929-8387	
VA Life Insurance	1-800-669-8477	
VA Mammography Helpline	1-888-492-7844	
VA Status of Headstones and Markers	1-800-697-6947	
VA Telecommunications Device for the Deaf (TDD)	1-800-829-4833	
Veterans Administration Transportation Services	862-6544	www.visn2.va.gov/vet/dav.asp
Veterans Administration WNY Healthcare System	834-9200 / 1-800-532-8387	
Veterans Administration WNY Healthcare System: Buffalo VA Medical Center	834-9200	
Veterans Administration WNY Healthcare System: Lockport VA Clinic	438-3890	
Veterans Administration WNY Healthcare System: Niagara Falls VA Clinic	862-8580	
Veterans Administration WNY Healthcare System: 24 Hour Medical Advice for Enrolled Veterans	1-888-838-7890	
Veterans One-stop Center of Western New York, Inc.	898-0110	www.vocwny.org
Veterans Peer Support Line (Vet2Vet)	1-877-838-2838	
Veterans Suicide Hotline	1-800-273-8255	
Venture Forthe, Inc.	285-8070	www.ventureforthe.com
VESID	1-888-652-7062	www.vesid.nysed.gov
We Care Transportation	614-1114	
We Care Wheelchair Van	433-1119 / 278-3333	
Wheatfield Senior Center	694-8504	
Youngstown Senior Center	745-3443	
Literacy Volunteers: Lockport	433-7014	www.literacybuffalo.org
Literacy Volunteers: Niagara Falls	278-8224	www.literacybuffalo.org
Niagara County Community College (NCCC) Continuing Education	614-6470	www.niagaracc.suny.edu

NCCC Learning Pathways Program	614-6236	www.niagaracc.suny.edu
NCCC Vocational Counseling, Pre-Collegiate Studies	278-8151	www.niagaracc.suny.edu
NCCC Workforce Training & Community Development Office	433-1857	www.niagaracc.suny.edu
Orleans-Niagara BOCES	1-800-836-7510	www.onbores.org
Horizon Health Services: City Market (Niagara Falls)	505-1060	www.horizon-health.org
Horizon Health Services: Horizon Village	731-2030	www.horizon-health.org
Horizon Health Services: Lockport	836-1767	www.horizon-health.org
Horizon Health Services: Niagara Falls	283-2000	www.horizon-health.org
Horizon Health Services: North Tonawanda Boulevard Counseling Center	833-3708	www.horizon-health.org
Horizon Health Services: Tonawanda Clinic	831-1850	www.horizon-health.org
Jewish Family Service	883-1914	www.jfsbuffalo.org
Niagara County Department of Mental Health: 24-Hour Crisis Services	285-3515	
NCDMH: Assisted Outpatient Treatment Program - Kendra's Law	285-3518	
NCDMH: Court Supported Services for Court Ordered Competency Exams and Family Court Assessments	439-7410	
NCDMH: Crisis Services Co-Ordination	285-3515	
NCDMH: Forensic Case Management Program	285-3515	
NCDMH: Planning, Community Organization, and Administration of the Comprehensive Mental Hygiene System	439-7910	
NCDMH: Single Point of Access (SPOA) for Adults	439-7527	
NCDMH: Single Point of Access for Children (CSPOA)	439-7527	
NCDMH: Suicide Prevention Hotline	285-3515	
NCDMH: Training for Community Professionals - Suicide Prevention	439-7410	

Erie County Resources-

Counseling:

Company	Program	Ages Serviced	Address	Phone Number	Fax Number	MH	SUD
Baker Victory Services	OutPatient Counseling	Ages 5-21	790 Ridge Road, Lackawanna, NY, 14218	(716) 828-7550-Jennifer Kelley		x	
Best Self	Mental Health Counseling	17 and under	Multiple	884-0888		x	x
Catholic Charities	Children's Clinic	3 through 18	Multiple	895-1033		x	x
ECMC	Outpatient Treatment Services	Any	462 Grider Street, Bufalo, NY	898-3255		x	
Elmwood Health Center	Counseling Services	Any	2128 Elmwood Ave, Buffalo, NY	874-4500		x	
			1256 Walden Ave, Suite 400, Cheektowaga	895-6700			
			463 William St, Buffalo, NY	893-0062			
Endeavor Health Services	Child Mental health Clinic	Any	1500 Broadway, Buffalo, NY	249-5166		x	x
Gateway Longview	Behavioral Health Clinic	3 through 21	10 Symphony Circle, Buffalo NY	783-3221		x	
Jewish Family Services	Children's Mental Health	Any	6330 Main Street Williamsville NY	783-3221		x	
New Directions	Specialized Therapies		70 Barker Street, Buffalo, NY	883-1914		x	
Oishei Children's Hospital	Children's Psychiatry Clinic	Birth through 21	4511 Harlem Rd, Amherst, NY	716-834-9413		x	
Spectrum Health and Human Services	Mental Health	Any	1028 Main St, Buffalo, NY	859-5460		x	x
Western New York Children's Psychiatric Center		Any	1280 Main St, 1st Floor, Buffalo, NY	884-5797	882-0293	x	x
BryLin		Ages 5-12	1010 East and West Road, West Seneca, N	677-7000	675-6455	x	
Beacon Center		Adolescents	1263 Delaware Ave, Buffalo, NY	886-8200	886-1986	x	x
Hispanos Unidos De Buffalo	Substance Abuse Treatment Program	Ages 11-17	Multiple	881-1937			x
			254 Virginia St, Buffalo, NY	856-7110			x

Psychiatry:

Company	Program	Age Serviced	Address	Phone Number	Fax Number
Best Self	Psychiatry	17 and under		884-0888	
Catholic Charities	Children's Clinic	3 through 18		North Tonawanda: 694-7749	
			1256 Walden Ave, Suite 400, Cheektowaga	895-6700	
			463 William St, Buffalo, NY	893-0062	
Endeavor	Child Mental Health Clinic	Any	1500 Broadway, Buffalo, NY	249-5166	
Gateway Longview	Behavioral Health Clinic	3 through 21		783-3221	
Jewish Family Services	Children's Mental Health	Any	70 Barker Street, Buffalo, NY	883-1914	
Oishei Children's Hospital	Children's Psychiatry Clinic	Birth through 21		859-5460	
Western New York Children's Psychiatric Center		Any	1010 East and West Road, West Seneca, NY	677-7000	675-6455

Psychologists:

Name	Address	Phone Number	Fax Number
Dr. John Benjamin	4390 Quinby Dr, Suite F, Hamburg, NY	648-5700	648-5701
Dr. Kelly Burkhouse	500 Pine St, Jamestown, NY	499-9245	
Kenneth Condrell PHD	PO Box 392, Clarence, NY	634-7220	
Donna Czarnecki, PHD	3980 Sheridan Ave, Amherst, NY	250-2000	
Dr. Lisa Jackson	4955 North Bailey Ave ,Amherst, NY	833-0292	833-0215
Dr. Warren Keller	9750 Transit Road, East Amherst, NY	636-1375	636-4501
Dr. Mark C Lanze	8265 Sheridan Dr, Williamsville, NY	634-6757	634-9297
E. Christine Moll, Ph.D NCC	35 A. Central Avenue, Lancaster, NY	474-7060	
Christopher J. Pino, Ph.D	796 Niagara Falls Boulevard, Buffalo, N	832-0010	332-9237
Philip E. Ricotta, Ph.Dq	1404 Sweet Home Road, Suite 2, Amhe	634-0566	
Dr. Michael E Rutter	37 South Cayuga Road, Williamsville, N	626-7492	626-4496
Michael P Santa Maria	445 Tremont St, North Tonawanda, NY	690-2585	690-2560
Dr, Stephen Shanley	153 West Utica St, Buffalo, NY	884-7569	884-4087
Nancy Zoeller	9750 Transit Road, East Amherst, NY	636-1375	636-4501

Residential:

Company	Program Name	Ages Served	Address	Phone Number	Fax Number	MH	SUD
Baker Victory Services	Girls and Mother/Child Group Home	Females 12-18	790 Ridge Road, Lackawanna, NY	828-7550		x	
Baker Victory Services	Intensive Treatment Program	Ages 12-17	Lackawanna, NY	828-9700-Elizabeth Becker		x	
Baker Victory Services	Multiple Diagnosis Program	Males ages 12-18	Lackawanna, NY	828-9500		x	
Baker Victory Services	Residential Treatment Facility	Males and Females ages12-21	Lackawanna, NY	828-9500		x	
Children and Family Services	Residential Treatment Facility	5 through 14	824 Delaware Ave, Buffalo NY	842-2750		x	
Children and Family Services	Lee Randall Hones Community Reside	5 through 14	824 Delaware Ave, Buffalo NY	842-2750	894-0991	x	
Children and Family Services	Residential Treatment Center	Males 6-16	824 Delaware Ave, Buffalo NY	842-2750		x	
Children and Family Services	Morey House Group Home	Males 13 through 21	824 Delaware Ave, Buffalo NY	842-2750		x	
Compass House	Compass House	12 through 17	370 Linwood Ave Buffalo NY	866-0935		x	
G.A. Family Services	Residential Treatment Center	Ages 12-18	200 Gustavus Ave, Jamestown, NY	665-2116		x	
Gateway Longview	Residential treatment Services	Males and Females ages 12-18	Buffalo, NY	783-3100		x	
New Directions	Randolph Residential Services		356 Main St ER, Randolph, NY	358-3636		x	
New Directions	Zafron Home for Parenting teens	Parenting Teens	Salamanca, NY	945-2466-Kathleen DiLallo	945-0237	x	
People Inc.	Children's Residential Services	Any	South Buffalo and West Seneca	880-3700		x	
Margaret A. Stutzman Addiction Treatment Center		Adolescents	360 Forest Ave, Buffalo, NY	882-4900	882-4426		x
Renaissance House		Ages 12-20	920 Harlem Road, West Seneca, NY	821-0391			x

Schools:

Company	School Name	Ages Served	Address	Phone Number
Baker Victory	Baker Academy	Grades K-8	120 Alexander Ave, Buffalo NY	828-9500
Baker Victory	Baker Hall	Ages 11-21	120 Alexander Ave, Buffalo NY	828-9500
Gateway Longview	Lynde School	Ages 5 through 21	6350 Main St, Williamsville NY	783-3100
Gateway Longview	Therapeutic Preschool	Ages 2 through 6	10 symphony Circle Buffalo NY	783-3100
New Directions	Randolph Academy		356 Main St ER, Randolph, NY	358-3636
The Arc of Erie County	School Age Education	Ages 5-21	30 Wilson Road, Williamsville, NY	1-833-Arc-Erie
The Arc of Erie County	Pre-School Program	Ages 3-5	30 Wilson Road, Williamsville, NY	1-833-Arc-Erie

Inpatient:

Company	Ages Served	Address	Phone Number	Fax Number	MH	SUD
BryLin	5 through 12	1263 Delaware Ave, Buffalo NY 14209	886-8200	886-1986	x	
ECMC	Adolescents	462 Grider Street, Buffalo, NY	898-3465		x	x
Western New York Children's Psychiatric Center	Any	1010 East and West Road, West Seneca	677-7000	675-6455		
Eastern Niagara Hospital	ages 5-17	521 East Ave, Lockport, NY	514-9217		x	
WNY Children's Psychiatric Center	Ages 7-17	575 Alberta Dr. Amherst, NY	832-0720	832-5867	x	

Pediatrics:

Name	Address	Phone Number	Fax Number
Allentown Pediatric and Adolescent Medicine	560 Franklin St, Buffalo, NY	332-4472	332-4474
Amherst Pediatric Associates	25 Hopkins Road, Williamsville, NY 14221	632-8050	
Buffalo Pediatric Associates	237 Linwood Ave, Buffalo, NY	884-8018	883-3203
Chopra Pediatrics	3705 Seneca St, West Seneca, NY	674-2404	
Daniel R Pieroni	300 Linwood Ave, Buffalo NY	885-5437	
Elmwood Health Center	2128 Elmwood Ave, Buffalo, NY	874-4500	
Elmwood Village Primary Care	897 Delaware Ave Suite 102, Buffalo NY	768-2006	768-2007
Lancaster Medical LLC	4893 Transit Rd, Depew, NY	608-7040	608-7065
Niagara Street Pediatrics	1050 Niagara Street, Buffalo, NY	859-5437	768-7621
Orchard Park Pediatrics	3725 N. Buffalo Road, Buffalo, NY	662-2300	
Tonawanda Pediatrics	3950 East Robinson Road, Buffalo NY	691-3400	
Towne Gardens Pediatrics	461 Williams St, Buffalo, NY	859-4537	852-5154
Western New York Pediatrics	5800 Big Tree Road, Orchard Park, NY	662-7337	667-3827
Oishei Children's Hospital	1028 Main St, Buffalo, NY	859-5460	
Jericho Road Community Health Center	184 Barton St, Buffalo, NY	348-3000	881-6247

Respite Care:

Company	Program Name	Ages Served	Address	Phone Number
Community Services for Every1	Respite Saturday Respite	Ages 5 through 21	52 Dixon Drive, Tonawanda, NY	883-8002
Gateway Longview	Respite Services	Any	Buffalo, NY	783-3100 ext 3202
People Inc	Respite Opportunities	Any	1912 North Forest Road, Williamsville, NY	880-3700

Children's Case Management:

Company	Program Name	Ages Served	Address	Phone Number	Fax Number
Boys and Girls Clubs of Northtowns of W	Case Management	6 through 18	54 Riverdale Ave, Buffalo NY	873-9842	877-4864
Endeavor	Child'a Intensive Care Coordination	Ages 4-18	463 William Street, Buffalo, NY	855-1384	
Gateway Longview	Children's health home care management	Birth through 21	10 Symphony Circle, Buffalo NY	783-3150	
Hillside	Care Management	Any	131 Orchard Park Road, West Seneca, NY	848-6400	
Kids Peace	Health Homes	Birth through 21	Williamsville, NY	800-451-3425	
New Directions	Health Home Care Management	Birth through 21	4511 Harlem Rd, Amherst, NY	1-866-617-0065	
People Inc	Care Management	Any	1219 North Forest Road, Williamsville, NY	880-3700	

Parenting Services:

Company	Program Name	Address	Phone Number	Fax Number	Description
Catholic Charities	Incredible Years	Buffalo, NY	856-4494 x338		Education-based group to increase parenting knowledge and competencies
EPIC	Ready, Set, Parent	1000 Main Street, Buffalo, NY	332-4100	332-4101	
EPIC	Incredible Years	1000 Main Street, Buffalo, NY	332-4100	332-4101	
EPIC	Families in Transition	1000 Main Street, Buffalo, NY	332-4100	332-4101	
Family Help Center	Family Helpline		892-2172		
Gateway Longview	Parent Training	10 Symphony Circle, Buffalo NY	783-3100 x3223		classes teach age specific health and safety lessons. The focus is on working with you to develop skills to play with,
People Inc	Incredible Years	1219 North Forest Road, Williamsville, NY	880-3826		

Other:

Company	Program Name	Ages Served	Address	Phone Number	Fax Number	Description
Families' Child Advocacy Network	WrapAround Program	Any	Buffalo, NY	884-2599		
Gateway LongView	KinCARES	Any	Buffalo, NY	783-3100 ext. 3181		a voluntary support service that is helps the growing number of families who step forward to care for their kin full-time.
Gateway LongView	Preventive Kinship Care	Any	Buffalo, NY	783-3100 ext. 3184		offer resources, education, and support in your homes when you, as a grandparent or other relative, cares for kin full-time.
Gateway LongView	WRAP Vendor Services	Any	Buffalo, NY	783-3100 ext. 3378		- Examples of vendors include mentors, tutors, life-skills coaches, drivers, etc. As staff members, vendors work with youth and families at home, in school, and in the community.
Gateway LongView	Therapeutic Supervised Visitation	Any	Buffalo, NY	783-3100 ext. 3190		offers safe spaces where families who are apart can spend time with each other.
Gateway LongView	Youth Engagement Services	Ages 14-21	Buffalo, NY	381-1433		for youth age 14-21 who need additional supports to achieve self-sufficiency in the community.
Gateway LongView	Supervised Independent Living Program	Ages 17-21	Buffalo, NY	381-1433		for youth age 14-21 who need additional supports to achieve self-sufficiency in the community
Gateway LongView	Supervised Independent Living Program	Ages 17-21	Buffalo, NY	381-1433		for youth age 14-21 who need additional supports to achieve self-sufficiency in the community
HomeSpace	Next Step	Females ages 14-21	1030 Ellicott Street #11, Buffalo, NY	881-4600	881-4604	Next Step is an Agency Operating Boarding Home for female youth ages 14 to 21
People Inc.	Community Behavioral Health	Any	In the Home	880-3700		in-home support program that works with families of children and adults with special needs who have intense behavioral issues.
People Inc.	Wrap Around Services	Ages 5-18	9 North Forest Road, Williamsville,	880-3700		Provides in-home tutoring, mentoring, counseling and behavioral services, with the goal of allowing children to remain with their families, through a combination of education, training and therapy.
Colleen Babcock	Parent and Family Support Coordinator	Any		907-2985		
Connect 211				1888-696-9211		Phone number that connects individuals to local agencies that can assist with food, shelter, clothing, disabilities, pregnancy, employment, substance use, mental health, and developmental disabilities.

Pregnant Teens:

Company	Program Name	Ages Served	Address	Phone Number	Fax Number	Description
HomeSpace	Supervised Independent Living Program	21 pregnant, parenting or single women	1030 Ellicott Street, Buffalo, NY	881-4600	881-4604	foster care supportive independent living program for youth,
HomeSpace	Y-PREP	Mothers and Fathers ages 14-22	1030 Ellicott St, Buffalo, NY	881-4600-Sheree Halton	881-4604	Community-based program that supports at-risk young mothers and young fathers aged 14 to 22.
HomeSpace	Second Chance Home	Teenage Mothers ages 14-21	1171 Michigan Avenue, Buffalo, NY	885-2702	885-2706	Second Chance Home is a group home for teenage mothers in foster care who range in age from 14-21 years old.
Buffalo Federation of Neighborhood Centers	Comprehensive Adolescent Pregnancy Prevention	Ages 10-19	97 Lemon St, Buffalo, NY	856-0363		The CAPP (Comprehensive Adolescent Pregnancy Prevention) Program is a New York State funded initiative that is dedicated to reducing adolescent pregnancy rates, and promoting sexual health among adolescents who are 10-19 years of age.

Treatment and Support Services:

Company	Program	Ages Serviced	Address	Phone Number	Fax Number	MH	SUD
Baker Victory Services	OutPatient Counseling	Ages 5-21	790 Ridge Road, Lackawanna, NY, 14218	(716) 828-7550-Jennifer Kelley		x	
Best Self	Mental Health Counseling	17 and under	Multiple	884-0888		x	x
Catholic Charities	Children's Clinic	3 through 18	Multiple	895-1033		x	x
ECMC	Outpatient Treatment Services	Any	462 Grider Street, Buffalo, NY	898-3255		x	
Elmwood Health Center	Counseling Services	Any	2128 Elmwood Ave, Buffalo, NY	874-4500		x	
			1256 Walden Ave, Suite 400, Cheektowaga	895-6700			
			463 William St, Buffalo, NY	893-0062			
Endeavor Health Services	Child Mental health Clinic	Any	1500 Broadway, Buffalo, NY	249-5166		x	x
			10 Symphony Circle, Buffalo NY	783-3221			
Gateway Longview	Behavioral Health Clinic	3 through 21	6330 Main Street Williamsville NY	783-3221		x	
Jewish Family Services	Children's Mental Health	Any	70 Barker Street, Buffalo, NY	883-1914		x	
New Directions	Specialized Therapies		4511 Harlem Rd, Amherst, NY	716-834-9413		x	
Oishei Children's Hospital	Children's Psychiatry Clinic	Birth through 21	1028 Main St, Buffalo, NY	859-5460		x	x
Spectrum Health and Human Services	Mental Health	Any	1280 Main St, 1st Floor, Buffalo, NY	884-5797	882-0293	x	x
Western New York Children's Psychiatric Center		Any	1010 East and West Road, West Seneca, N	677-7000	675-6455	x	
BryLin		Ages 5-12	1263 Delaware Ave, Buffalo, NY	886-8200	886-1986	x	x
Beacon Center		Adolescents	Multiple	881-1937			x
Hispanos Unidos De Buffalo	Substance Abuse Treatment Program	Ages 11-17	254 Virginia St, Buffalo, NY	856-7110			x

Transportation:

Transportation Providers	1st Phone Number	Secondary Phone Number
1 Allen Taxi Inc	(716) 939-7040	(716) 939-7040
716 Transportation	(716) 208-1938	(716) 208-1938
A Dependable Ride	(716) 423-2323	(716) 462-6528
A Plus Xpress Transportation	(716) 803-0007	(716) 807-8446
A Transportation	(716) 420-3611	(716) 209-3111
A1 Express Inc	(716) 563-3556	(716) 881-9777
AAA Taxi Tour & Limousine Inc	(716) 550-0550	(716) 498-8700
ABC Express Transportation Inc	(716) 828-6303	(716) 828-6303
Access Transportation	(716) 541-5199	(716) 748-5055
Aces Limousine Service	(716) 218-1500	(716) 218-1500
Aces Taxi	(518) 878-4569	(518) 878-8812
Adventure Transportation	(716) 680-2073	(716) 366-3886
Aero Taxi	(716) 283-8294	(716) 531-2075
Albert's Taxi Service	(716) 574-9583	
Alpha Medical Transportation	(716) 251-5917	(716) 316-8156
Always On Time Medical Trans	(518) 337-8812	(518) 462-1633
Amadi Transportation Inc	(585) 355-4934	(585) 490-7416
American Transportation	(716) 867-8888	(716) 867-8888
Americare Transportation	(716) 981-0115	(716) 341-4805
Amherst Buffalo Airport Taxi	(716) 986-5755	(716) 986-5755
Amherst Transport LLC	(716) 246-9090	(716) 246-9091
Aries Transport	(716) 362-9701	(716) 352-3839
Around The Town Taxi Service	(716) 348-2777	(716) 348-2777
Art's Car Service	(716) 573-7809	
Benton Property Management Co	(716) 526-5622	(716) 717-6155
Blue Star of Niagara	(716) 285-3333	
Bluebird Mobility	(716) 395-0000	(716) 395-0000
Brassai Inc	(716) 545-3780	

Broadway MD Transportation	(716) 392-9617	(716) 392-9617
Buffalo Express MD Trans	(716) 715-9416	
Buffalo Transportation	(716) 259-9444	(716) 877-5600
C-Ride Transportation	(502) 356-0862	(716) 202-0419
Cameron Transport Corp	(716) 371-0960	(716) 371-0960
Care Express LLC	(585) 201-6551	(315) 800-7636
Center City Transportation	(716) 951-6256	
Champion Transportation	(585) 993-4649	(585) 256-0386
CHJ Medical Transportation	(716) 346-5410	
City Medical Transportation	(716) 800-5997	(716) 391-3198
City Service Transportation	(716) 931-5406	(716) 931-5406
Compassionate Care of Niagara	(716) 524-2498	(716) 432-5373
Divine Hearts Transportation	(844) 290-0930	(716) 205-7146
DRG First Choice Transport	(716) 495-5178	(716) 495-5178
Eagles Transportation	(716) 257-0246	
Egle & Franzese Taxi LLC	(716) 479-3496	(716) 479-3496
Empire TransportationProviders	(716) 400-6900	(716) 248-1425
Entransit	(716) 446-3100	(716) 446-3100
Erie Niagara Taxi	(716) 310-6874	(716) 310-6874
EZ Taxi	(716) 931-3030	
First Medicaid Cab LLC	(718) 552-7729	(718) 552-7729
Freedom Mobility Service LLC	(716) 228-4199	
Gold Star Medicaid Services	(716) 536-4611	(716) 228-5874
Gotta Go Trans Inc	(716) 471-1415	
Great Lake Transportation	(716) 533-3000	(716) 939-8119
Green Cab BNY INC	(716) 891-9111	(716) 380-0233
Green Team Cab	(914) 576-1200	(914) 576-1213
Healing Transportation LLC	(716) 218-5804	
High Ocean	(716) 284-8839	(716) 284-8833
Hill Tribe Transportation	(716) 210-8559	(716) 807-0600
Hometown Transportation Services	(716) 236-7504	(716) 236-7504

Hometown Transportation Services	(716) 236-7504	(716) 236-7504
Hope Medical Transportation	(716) 994-6350	(716) 583-4833
Jeanny Luv	(716) 260-2983	(716) 260-2983
Jeeri Transportation	(716) 209-3120	(716) 209-3120
Jordan Transporting	(716) 524-1488	
Jowenaa Care	(716) 275-3214	(646) 239-1177
Juniors Transportation	(716) 218-4099	(716) 908-1000
Kiddie Kab of WNY	(716) 337-5222	(716) 602-5252
Kingdom Transportation INC	(716) 400-1220	(716) 986-4619
Kings Taxi LLC	(716) 289-0143	
Kisima Transportation	(716) 392-9763	
LGM Transport Inc.	(716) 428-3339	
Liberty Taxi/Yellow Cab	(716) 877-7111	
Light City Transportation	(716) 533-8705	(716) 330-8021
Local Transportation Service	(716) 222-2525	(716) 249-9645
Maple Leaf Transportation	(716) 335-7900	(202) 658-4450
Mascot Transportation	(585) 364-4444	
McDonald's Bus Service	(585) 937-3131	
Med Cab	(718) 637-9044	(716) 604-4809
Medvan	(716) 685-1550	(716) 685-2550
MetroHealth Transportation LLC	(716) 286-5646	
My Transportation	(716) 319-4016	(716) 816-6188
Namaste Transportation	(716) 480-3960	(716) 480-3960
Peace Transportation Service	(716) 388-5174	(716) 939-9798
Pioneer Logistics Inc	(716) 342-2248	(716) 725-6088
Pleasant Ride Transportation	(716) 994-3355	(716) 322-6198
Posten Transportation Inc.	(347) 885-8483	(347) 885-8483
Prime Care Transportation Inc	(716) 986-2539	(716) 986-2539
Public Medical Transportation	(607) 377-7075	(607) 377-7075

Public Medical Transportation	(607) 377-7075	(607) 377-7075
Queen City Transportation Inc	(716) 880-9119	(716) 880-9119
Quick Dash	(716) 313-5401	(716) 313-7148
Ray Barker Transportation	(716) 444-1714	(716) 768-8098
Red Medical Transportation	(716) 939-6201	(716) 249-9014
Rehoboth Transportation Svcs	(716) 986-7419	(716) 903-2807
RMT	(585) 288-3444	(844) 768-7433
Robert Williams	(716) 863-3202	(716) 863-3202
Roma Transportation Service Inc	(716) 507-2478	(716) 239-5535
Royal P A Transportation Services	(716) 563-8106	(716) 563-8106
Safe & Sound Transportation LLC	(716) 969-9254	(716) 969-9254
Safe Caravan Inc.	(716) 748-5515	(716) 748-5515
Safe Mobility Service Rides LLC	(716) 495-9562	(716) 348-9136
Safe Ride of WNY INC	(716) 550-2500	(716) 550-2500
Senior Transportation & Services	(716) 957-4620	(716) 957-4620
Signature Transport of Buffalo	(716) 855-3939	(716) 430-8096
Sky Blue Transportation	(716) 533-2633	(716) 717-0112
Smart Rides	(716) 881-3003	(716) 570-1196
SMI Transportation	(716) 262-5775	(716) 262-5775
Soma Transportation	(585) 355-8247	(585) 355-8247
Star and Moon Transportation	(716) 770-9270	(716) 336-3602
Star6 Transportation Inc	(716) 335-6333	(740) 408-1590
Statewide Transportation	(716) 444-3227	
Taleex Transportation LLC	(716) 939-6948	(716) 939-6948
Timkey Enterprises	(716) 433-0699	(716) 433-0699
Tochi Enterprises/DSB	(315) 708-9152	(315) 401-8187
Tooties Transportation LLC	(716) 222-3744	(716) 886-6843
Top Priority Transportation	(716) 727-1559	(716) 727-1559

Taleex Transportation LLC	(716) 939-6948	(716) 939-6948
Timkey Enterprises	(716) 433-0699	(716) 433-0699
Tochi Enterprises/DSB	(315) 708-9152	(315) 401-8187
Tooties Transportation LLC	(716) 222-3744	(716) 886-6843
Top Priority Transportation	(716) 727-1559	(716) 727-1559
TTS Taxi Service	(716) 812-9394	(716) 228-5580
United-SY Transportation Inc	(716) 209-3132	(716) 800-2223
Waris Transportation LLC	(716) 533-3195	(716) 603-8390
We Care Transportation	(716) 898-7900	
Wego Taxi Tours	(716) 449-0001	(716) 579-0621
Well-Timed Transportation	(716) 299-0138	
Western Frontier Transportation Svc	(716) 243-0979	(716) 243-0979
WNY Transportation Services LLC	(716) 800-7676	(716) 939-4016
NFTA-Bus	(716) 855-7211	

Clothing:

Organization:	Address:	Phone:	Website:	Email:	Notes:
Lincoln Memorial Clothing Closet	641 Masten Avenue, Buffalo, NY 14209	716-884-7664			
Food Pantry & Clothing Closet - Greater Works Christian Fellow	210 Southampton Street, Buffalo, NY 14208	716-887-2303			
Food Pantry & Clothing Boutique - Urban Christian Ministries	967 Jefferson Avenue, Buffalo, NY 14204	716-882-8472	http://ucmbuffalo.org/		
Saint Christopher Parish Outreach - Clothing Closet	2660 Niagara Falls Boulevard, Tonawanda, NY 14150	716-564-9023			
Saint Francis Parish Outreach Clothing Closet	73 Adam Street, Tonawanda, NY 14150	716-693-6247	https://saintchris.org/148		
Lots of Clothes Thrift Store - Catholics Charities	1122 Broadway Avenue, Buffalo, NY 14212	716-895-4001			
Vincent's Discount Store - Society of St. Vincent De Paul	1298 Main Street, Buffalo, NY 14209	716-882-3360 x6	http://www.svdpwny.org/		
Erie Community College - One Stop Center	6205 Main Street, Williamsville, NY 14221	716-270-4444	https://www.ecc.edu/onestop/		
Salvation Army Thrift Store Military Road	1080 Military Road, Buffalo, NY 14217	800-728-7825	https://buffalo.salvationarmy.org/buffalony/thrift_stores_buffalo		
Friendship Missionary Baptist Church - Feed the Needy	402 Clinton Street, Buffalo, NY 14204	716-847-1020	https://www.friendshipbaptistbuffalo.org/		
Buffalo City Mission Thrift Store	510 Dick Road, Depew, NY 14043	716-681-9128	https://www.buffalocitymission.org/thrift-store/		
Friends of the Night People	394 Hudson Street, Buffalo, NY 14201	716-884-5375	https://friendsofnightpeople.com/		
Matt Urban Hope Center	385 Paderewski Drive, Buffalo, NY 14212	716-893-7222 x310	http://urbanctr.org/		
Goodwill Industries of WNY, Inc.	1119 William Street, Buffalo, NY 14206	716-854-3494	https://www.goodwillwny.org/		
Valley Community Association, Inc.	93 Leddy Street, Buffalo, NY 14210	716-823-4707	http://www.valleycommunityassociation.xyz/		

Food (SNAP Assistance)

Organization:	Address:	Phone #:	Website:
Central Intake - Catholic Charities	525 Washington Street, Buffalo, NY 14203		www.ccnw.org
Emergency Family Assistance - Salvation Army	960 Main Street, Buffalo, NY 14202	716-883-9800 x230	https://buffalo.salvationarmy.org/BufferNY/Emergency_Family_Assistance
Erie County Works Center - ECDSS	158 Pearl Street, Buffalo, NY 14202	716-858-8000	http://www2.erie.gov/socialservices/index.php?q=SNAP
Matt Urban Hope Center	385 Paderewski Drive, Buffalo, NY 14212	716-893-7222 x310	http://urbanctr.org/hope-services/hope-center/

Food (Congregate Meals)

Organization:	Address:	Phone #:
Autumnwood Senior Center	1800 Clinton Street, Buffalo, NY 14206	716-826-7895
Buffalo City Mission	100 East Tupper Avenue, Buffalo, NY 14203	716-854-8181
Friends to the Elderly, Inc. at Dorothy J. Collier Community Center	118 East Utica Street, Buffalo, NY 14209	716-882-0602
Golden Age Center - Salvation Army Buffalo Area Services	960 Main Street, Buffalo, NY 14202	716-883-9800 x259
Hamburg Town - Senior Services	4150 Sowels Road, Hamburg, NY 14075	716-646-0665
Hispanos Unidos de Buffalo	254 Virginia Street, Buffalo, NY 14201	716-856-7110
Lackawanna Senior Citizen Center	230 Martin Road, Lackawanna, NY 14218	716-827-6669
Lancaster Senior Center	100 Oxford Avenue, Lancaster, NY 14086	716-685-3498
Moot Multi - Purpose Senior Citizens Center - BFNC	292 High Street, Buffalo, NY 14204	716-882-4637
Multi Service Center - Buffalo Urban League Inc.	86 Pine Street, Buffalo, NY 14204	716-847-8951
Hispanos Unidos de Buffalo	254 Virginia Street, Buffalo, NY 14201	716-856-7110

Food (Soup Kitchen)

Organization:	Address:	Phone:	Website:	Email:
Bethel Presbyterian Church	682 Ridge Road, Lackawanna, NY 14218	716-830-7881		
Calvary CME Church - Project Feed	1007 Ellicott Street, Buffalo, NY 14209	716-881-6947		
Cold Spring Community Foundation Inc. City Mission	234 Glenwood Avenue, Buffalo, NY 14208	716-310-3541		
Durham Metro AME Zion Church	100 East Tupper Street, Buffalo, NY 14203	716-854-8181	https://www.buffalocitymission.org/	
Friends of Night People, Inc.	200 East Eagle Street, Buffalo, NY 14204	716-856-4943		
Friends of Night People, Inc.	394 Hudson Street, Buffalo, NY 14201	716-884-5375	https://friendsofnightpeople.com/urban-diner/	
Friendship Missionary Baptist Church - Feed the Needy	402 Clinton Street, Buffalo, NY 14204	716-847-1020	https://www.friendshipbaptistbuffalo.org/	
Hearts for the Homeless of WNY, Inc.	P.O. Box 437, Buffalo, NY 14223	716-877-3536	http://www.heartsforthehomeless.org/	
Hellenic Orthodox Church of the Annunciation	146 West Utica Street, Buffalo, NY 14222	716-583-3929	http://www.greekorthodoxchurchbuffalo.org/	
Homeless Outreach Program - Salvation Army	Ellicott Street, Buffalo, NY 14202	716-883-9800 x202	https://www.salvationarmyusa.org/usn/provide-shelter/	
Kenmore Alliance Church Soup Kitchen	39 Kenmore Avenue, Buffalo, NY 14226	716-834-4345	http://www.kenmorealliance.com/	
Matt Urban Hope Center	385 Paderewski Drive, Buffalo, NY 14212	716-893-7222 x310	http://urbanctr.org/hope-services/hope-center/	
Meal Time by Friends of Night People, Inc. - Westminster Ave	21 Westminster Avenew, Buffalo, NY 14215	716-884-5375	https://friendsofnightpeople.com/meal-time/	

Food Pantry:

Organization:	Address:	Phone:	Website:	Email:	Notes:
14 Holy Helpers Sharing Committee	1345 Indian Church Road, West Seneca, NY 14224	716-674-3299	http://fourteenhollyhelpers.org/parish-resources/		
AIDS Family Services	1092 Main Street, Buffalo, NY 14209	716-881-4612			
Alden Marilla Community Food Pantry	13021 Main Street, Alden, NY 14004	716-937-6922			ST AID
All Saints Lutheran Church	6065 South Park Avenue, Hamburg, NY 14075	716-649-7674	http://www.allsaintshamburg.com/		
Antioch Baptist Church Food Pantry	1327 Fillmore Avenue, Buffalo, NY 14211	716-895-0198	http://www.afmbc.org/resources/need-help/food-pantry/		
Bishop Edward U Kmiec Food Pantry and Outreach	920 Tift Street, Buffalo, NY 14220	716-332-1168			
Black Rock Riverside Emergency Food Pantry	357 Ontario Street, Buffalo, NY 14207	716-875-1523			
Blessed Sacrament Food Pantry	236 Claremont Avenue, Buffalo, NY 14223	716-837-2544			
Bread of Life Outreach Food Pantry	P.O. Box 113, Colden, NY 14033	716-941-3550	http://www.breadoflifecolden.org/		
Buffalo Lutheran Employment Service Pantry	900 Genesee Street, Buffalo, NY 14211	716-892-7682			
Buffalo River Food Pantry	62 Republic Street, Buffalo, NY 14204	716-856-8613			
Buffalo Urban League Food Pantry	86 Pine Street, Buffalo, NY 14204	716-847--8951	http://buffalourbanleague.org/Newweb/family-preservation-supp		
Calvary Missionary Baptist Church	1184 Genesee Street, Buffalo, NY 14211	716-895-3642			
Catholic Central Food Pantry	317 Leroy Avenue, Buffalo, NY 14214	716-812-3461	https://www.ccwny.org/location/browse		
Catholic Charities Lovejoy Outreach & Food Pantry	139 North Ogden Street, Buffalo, NY 14206	716-312-7510	https://www.ccwny.org/location/browse		
Catholic Charities Rich Street Pantry	930 Genesee Street, Buffalo, NY 14211	716-218-1400 x2005	https://www.ccwny.org/location/browse		
Church of St Casimir	1833 Clinton Street, Buffalo, NY 14206	716-891-8362	http://www.stcasimirbuffalo.com/		
Citizens Community Development Corporation	134 William Street, Buffalo, NY 14204	716-852-2324	https://www.nyconnects.ny.gov/providers/citizens-community-de		
City Reach Buffalo	260 Eggert Road, Buffalo, NY 14215	716-893-8112	http://buffalo.cityreachchurch.org/ministries/		
Community Action Information Center	103 Wohlens Avenue, Buffalo, NY 14208	716-885-5925			
Evergreen Food Pantry	206 South Elmwood Avenue, Buffalo, NY 14201	716-847-2441			
Family Help Center Food Pantry	60 Dingens Street, Buffalo, NY 14206	716-892-2172	http://familyhelpcenter.net/		
Feed the Hungry - St Luke's Mission of Mercy	325 Walden Avenue, Buffalo, NY 14211	716-894-4476	https://www.stlukesmissionofmercy.org/		
First Shiloh Baptist Church	15 Pine Street, Buffalo, NY 14204	716-847-6555	http://www.firstshilohbuffalo.com/		
Food Pantry & Clothing Closet - Greater Works Christi	210 Southampton Street, Buffalo, NY 14208	716-887-2303			
Food Pantry and Clothing Boutique - Urban Christ	967 Jefferson Avenue, Buffalo, NY 14204	716-882-9472	http://ucmbuffalo.org/		
Food Pantry at LBJ - CAO	167 W. Humboldt Parkway, Buffalo, NY 14214	716-881-5150			
Food Pantry at the Belle Center	104 Maryland Street, Buffalo, NY 14201	716-845-0485 x232	http://www.thebellecenter.org/		
Friends of Night People Food Pantry	394 Hudson Street, Buffalo, NY 14201	716-884-5375	https://friendsofnightpeople.com/		
Genesis Center Food Pantry	461 Masten Avenue, Buffalo, NY 14210	716-822-1900	https://www.thegenesiscenter.us/services		
Grace Lutheran Church	174 Cazenovia Street, Buffalo, NY 14210	716-822-3267	http://www.gracechurchbuffalo.org/		
Greater Refuge Temple of Christ Church	943 Jefferson Avenue, Buffalo, NY 14204	716-886-2199	http://www.grtcchurch.org/		
Hispanic Services - Salvation Army	187 Grant Street, Buffalo, NY 14213	716-886-5772			
Humboldt Parkway Baptist Church	790 Humboldt Parkway, Buffalo, NY 14211	716-896-4363			
Joseph Project Mobile Food Pantry - Buffalo Dream	286 Lafayette Avenue, Buffalo, NY 14213	716-854-1001	http://www.buffalodreamcenter.org/comoutreach.php?content=fo		
Living Water Fellowship Food Pantry	383 Pine Ridge Road, Cheektowaga, NY 14225	716-393-3695	https://www.foodpantries.org/li/living_water_fellowship_food_pa		
Matt Urban Center Food Pantry	1081 Broadway Avenue, Buffalo, NY 14212	716-893-7222	http://urbanctr.org/community-services/food-pantry/		
Matt Urban Hope Center	385 Pderewski Drive, Buffalo, NY 14212	716-893-7222 x310	http://urbanctr.org/hope-services/hope-center/		
Native American Community Services Food Pantr	1005 Grant Street, Buffalo, NY 14207	716-874-2797 x314	http://www.nacswny.org/		

Veterans:

Organization:	Address:	Phone:
Joining Forces Community Military Family Assistance Center	184 Connecticut St. Buffalo, NY 14213	716-888-5797

Grief Resources-

Grief support groups

The following is a list of organizations that offer information, counseling or support services to all persons of different ages and needs who are grieving the loss of a loved one. Feel free to call these groups and ask for additional information.

Crisis Services 716-834-3131

Mount Calvary & Catholic Diocese Cemeteries

Hope After Heartache: Tools for Living with Loss

A new approach to grief support. This program is designed to provide the support you need and the tools to help you cope.

BOND – Bridging Out in New Directions

Social support group for those who are grieving. At BOND you will become part of a support network composed of men and women who share similar thoughts and experiences.

Lazarus Lecture Series

The Lazarus Center for the Bereaved offers monthly topics to educate and comfort those who grieve.

Laugh for the Health of It! Laughter Club

Third Wednesday of each month
7:00 – 8:30 p.m.
Pine Lawn Chapel
Therapeutic laughter helps to reduce stress, boost the immune system, balance the emotions and improve memory function.

Stepping Out Walking Club

Tuesdays, beginning June 7th
4:00 p.m.. at Pine Lawn Cemetery
Enjoying fresh air, camaraderie, emotional support and the fun of walking with others who have experienced a loss. Bring the entire family.

Remembrance Services—call for details

For more information on any of these programs, contact Director of Bereavement Support Nancy Weil at 892-6600 or 873-6500.

Church

St. Barnabas & Our Lady of the Blessed Sacrament

Grief Support Group – Guest speaker each month
Third Tuesday each month except July, Aug. & Dec.
7:30 – 9:00 p.m.
St. Barnabas, 2049 George Urban Blvd. Depew
For information call Sister M.C. Schubert 685-1109

St. Bonaventure

Grief Support Group
Monthly meeting on Wednesday
6:00 – 7:30 p.m.
95 E. Main St., Allegany
For information call Peg Reitz 373-1330 x. 12

St. Gregory the Great

Grief Support Group – Guest speaker each month
First Wednesday of each month
7:00 – 8:30 p.m.
100 St. Gregory Court, Williamsville
For information call the Parish office 688-5678 or
Connie Perna 688-5060

St. Christopher's Church

Second Wednesday of each month
6:30 - 7:15 p.m. Lecture Series
7:30 – 8:30 p.m. Grief Support Group – grouped by
type of loss
Meets at St. Edmund Campus
530 Ellicott Creek Rd. Tonawanda
For information call the Parish office 692-2660

St. Andrew's – facilitated with St John the Baptist

Grief Support featuring DVD series "Grief Share"
Spring session: Weds. April 14 – May 19
10:00 – 11:30 a.m.
For information call Jude 873-7386

St. John the Baptist

Grief Support Group
Meets monthly – Monday
7:00 – 8:30 p.m.
2028 Sandridge Rd., Alden
For information call Sr. Ellen McCarthy 937-6959

Christ the King

Call for program information
Renee Villa – pastoral associate 839-1430 ext. 221

St. Jude Center

Adult Bereavement Support Group
First Tuesday of each month
2:00 – 3:30 p.m.
Msgr. Edward J. Ulaszewski Hall, 760 Ellicott St. Bflo
For information 859-1890.

St. Stephen's

Second Wednesday each month except July & August
7:00 – 9:00 p.m.
2100 Baseline Rd., Grand Island
For information call the Parish office 773-7647

Queen of Heaven

Grief Support Group
Meets once or twice a year for 8 week session
Tuesdays
7:00 – 8:30 p.m.
4220 Seneca St., West Seneca
For information call 674-3468

Bridges

Widowed, separated and divorce grief support
Third Wednesday of each month
7:00 – 9:00 p.m.
Held at St. Bernadette's Church
5930 S. Abbott Rd. Orchard Park
For information call Pat 677-9375

Circle of Daughters

Bereavement Services and support groups
Counseling available – sliding scale fee structure
Motherless daughters grief support group
First Wednesday of each month
7:00 – 9:00 p.m.

Journey Towards Hope grief support group
Third Sunday of each month
1:00 – 3:00 p.m.

Healing Tender Hearts
For ages 5 – 18 years old
Third Friday of each month
6:30 – 8:30 p.m.

All services offered at: 4263 St. Francis Dr. Hamburg
For information call Day Cummings 627-4934

Msgr. Carr Clinic

Individual grief counseling – accepts insurance, if not insured, sliding scale fee available
76 W. Humboldt Buffalo
For information call 835-9745

Your parish may offer additional grief support services

Non-Diocesan

Life Transitions Center

Specializes in issues related to serious illness, dying, death, and grief. Offers many grief support groups, individual and family counseling.
150 Bennett Rd. Cheektowaga
For information call 836-6460

Niagara Hospice – Circle of Hope

Bereavement counseling – no charge
Support groups, Women’s Breakfast,
Monthly Journaling Class
For information call Outreach Services 280-0777

Gilda’s Club

Grief Support for deaths caused by cancer
First and Third Wednesday of each month
6:00 – 8:00 p.m.
1149 Delaware Ave. Buffalo
For information call 332-5900

Perna, Dengler, Roberts Funeral Home

Grief Support Group
First Tuesday of each month (except December)
5:00—6:30 p.m.
Held at Faith United Methodist Church
1300 Maple Rd. Williamsville

Wood Funeral Home
Second Tuesday of each month (except December)
10:30 a.m.—noon
East Aurora Senior Center
101 King St. East Aurora
For information call Beth Gerrish 632-8200

P.E.A.C.E.

Grief support for parents of murdered children
Second Tuesday of each month
5:00 – 6:30 p.m.
Human Service Center Community Room
608 William St. Buffalo
For information call Teresa at 400-9762

Suicide Bereavement Group

First Tuesday of each month
7:00 – 8:30 p.m. No fee
Life Transitions Center
150 Bennett Rd. Cheektowaga
For more information call 836-6460 or visit

Millard Fillmore Hospital

Grief Support
2nd Wednesday of each month
7:00 p.m.
Held at Millard Fillmore Suburban Hospital
1540 Maple Rd. Williamsville
Christine Stry—Pastoral Care Director 568-3777

Grief Share Support Groups

2nd & 4th Wednesday of each month
6:00—7:30 p.m.
Mental Health Assoc. Office
36 Pine St Lockport

1st & 3rd Tuesday of each month
6:00 – 7:30 p.m.
Niagara Falls Memorial Medical Ctr 6th Floor
For information call Maggie Campbell 433.3780

Together Serving Families in Western New York

Catholic Cemeteries

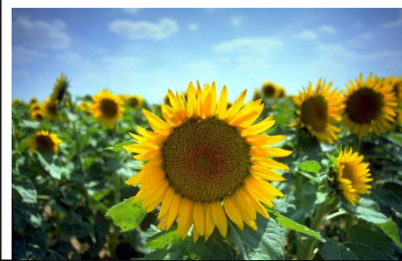
Diocese of Buffalo
4000 Elmwood Avenue
Kenmore, NY 14217
716.873.6500

Mount Calvary Cemeteries

800 Pine Ridge Heritage Blvd
Cheektowaga, NY 14225
716.892.6600

**You Don’t Have to Grieve
Alone** 

*Your resource for
Grief Support Groups &
Remembrance Services.*



LGBTQ+ Resources-

Local Organizations

The Pride Center of WNY: Our local advocacy and resource center. www.pridecenterwny.org/

National Advocacy, Lobbying, and Educational Resources

National Center for Transgender Equality: Transgender advocacy. transequality.org/

Human Rights Campaign: National advocacy and lobbying organization. www.hrc.org/

GLAAD: Gay & Lesbian Alliance Against Defamation, media and education. www.glaad.org

SAGE: Services & Advocacy for GLBT Elders. www.sageusa.org

LGBT Foundation: Support and education for LGBTQ communities. lgbt.foundation/

Center for American Progress LGBTQ: LGBTQ information and news from a national policy advocacy organization. www.americanprogress.org/issues/lgbt/view/

GLSEN: Gay, Lesbian & Straight Education Network focuses LGBTQ youth and education. www.glsen.org

Health

SAMHSA: Federal Substance Abuse and Mental Health Services Administration LGBTQ resources. www.samhsa.gov/behavioral-health-equity/lgbt

NAMI: National Alliance on Mental Illness LGBTQ resources: www.nami.org/find-support/lgbtq

The Trevor Project: Crisis intervention and suicide prevention for LGBTQ youth. www.thetrevorproject.org/

The Fenway Institute: Advocacy and education, and best practices for LGBTQ health. fenwayhealth.org/the-fenway-institute/

World Professional Association for Transgender Health: Advocacy, education, and best practices for transgender health. www.wpath.org

Legal

Lambda Legal: LGBTQ legal, civil rights, and public policy organization. www.lambdalegal.org

The Williams Institute: UCLA School of Law think tank on LGBTQ law and public policy. williamsinstitute.law.ucla.edu/

Families

PFLAG: Parents and Friends of Lesbians and Gays support and advocacy. www.pflag.org

Clinical Organizations

Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling: <http://www.algbtic.org/>

Association of LGBTQ Psychiatrists: <http://www.aglp.org/>

Pregnancy and Postpartum Mood Disorders Resources-

Treatment

- ✓ Increase support from those around you. This may be your spouse/partner, family, friends, church or babysitters.
- ✓ Talk to your OB/GYN or your baby's pediatrician right away. The sooner you ask for help, the sooner you'll begin to feel better.
- ✓ Ask for a list of referrals for specialists in women's mood disorders. This may include psychiatrists or therapists.
- ✓ Let someone else watch your baby so you can get a break.
- ✓ Be sure your doctor considers other medical causes of depression, such as thyroid imbalances.

- ✓ Consider attending a support group for women with postpartum depression.



Local Treatment Resources

The Postpartum Depression Support Group:

*Mom's -T.E.A.R.S.
(Treatment, Education, Advocacy,
Resources, Support.)*

At Millard Fillmore Suburban Hospital
2nd Thursday of the month **FREE**
Please call (716) 568-3628 to register

Educational Resources/References

Millard Fillmore Suburban Hospital Childbirth Education Department
(716)-568-3628

www.kaleidahealth.org/childbirth

The Postpartum Resource Center of New York, Inc.

Toll Free Helpline 1-855-631-0001
(631)-422-2255
www.postpartumny.org

Postpartum Support International
www.postpartum.net
warmline: 1-800-944-4PPD (4773)
(telephone support)

Postpartum Depression Support Helpline
1-800-773-6667

Father's Website
www.postpartumdads.org

*You are not alone.
You are not to blame.
With help, you will be well.*



Cover: artist Annette Darling

Language assistance services are available free of charge for anyone who has a need for an interpreter.
Tenemos servicios de ayuda en Español, para cualquiera que necesite un intérprete.

 **KALEIDA**
HEALTH
www.kaleidahealth.org

508-4342 7111

Pregnancy and Postpartum Mood Disorders

 **KALEIDA HEALTH**



NO MOTHER LEFT BEHIND

A Support Group for New Mothers

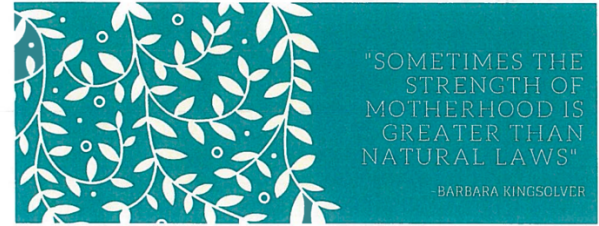
Catholic Health is here for you after the birth of your baby. Come and meet other new mothers, discuss the difficulties of adjusting to motherhood, and problem solve together. New babies welcome!



4th Thursday of the month at 6:00pm
M. Steven Piver Center for Women's Health
(adjacent to Sisters of Charity Hospital)
2121 Main Street, Suite 100
Buffalo, NY 14214

For questions or to register, please call Amy at (716) 862-1678.

 facebook.com/nomotherleftbehind



MOM ENOUGH POSTPARTUM WELLNESS GROUP

MOM ENOUGH IS ABOUT MOMS EMPOWERING ONE ANOTHER IN THIS NONJUDGMENTAL, SUPPORTIVE, WELCOMING MONTHLY POSTPARTUM WELLNESS GROUP. VARIOUS TOPICS WILL BE EXPLORED EACH MONTH INCLUDING SELF CARE, ADJUSTING TO PARENTHOOD, COPING WITH EXTENDED FAMILY, POSTPARTUM MENTAL HEALTH, AND ANY OTHER TOPICS BROUGHT FORWARD BY THOSE ATTENDING. THIS GROUP IS FREE TO ATTEND BUT PRE-REGISTRATION IS REQUIRED. FACILITATED BY CLINICAL SOCIAL WORKERS JULIE ROSINSKI AND LORI BADACH, AND BY EMELLE OBROCHTA OF MAMA ZEN

THE MOM ENOUGH KICK OFF MEETING!

WHEN: SUNDAY APRIL 23 AT 1PM

WHERE: THE WELLNESS SPOT IN ORCHARD PARK, 6456 NEW TAYLOR ROAD, 14127

OUR TOPIC WILL BE SPRING CLEAN YOUR SELF CARE ROUTINE. EMELLE AND JULIE WILL BE HOSTING DISCUSSION ABOUT SELF CARE TIPS, STRUGGLES, SOLUTIONS. ALSO LOOKING FOR SUGGESTION FOR FUTURE MEETING TOPICS. PRE-WALKING BABIES WELCOME. AMPLE PARKING THE LOT BEHIND THE BUILDING OR ACROSS THE STREET ON LINWOOD AVE. PLEASE CALL OR EMAIL TO PRE-REGISTER. 716-253-4728 OR ROSINSKI.COUNSELING@GMAIL.COM